



Sermon Discussion Guide

for March 7-8, 2020

“How to Work Through Our Worldly Worries”

[Matthew 6:25-34](#)

In this new month of our “All Eyes on Jesus” 2020 sermon series, we continue in Matthew’s Gospel in a sermon series called “Right-Side Up!” #SpringtoLife.

PRAY & CONNECT

Open in prayer and invite the Holy Spirit into your conversation. Ask God for wisdom and discernment and trust him to guide you. **Take time to recap the message or view it on [hopeonline.tv](#).** Did you have any “ah-ha” moments where you felt convicted, compelled, or inspired during the sermon? What’s been on your mind this week? Have you been able to apply the message to your everyday life?

GROW

Read [Matthew 6:25-34](#) – “Do Not Worry”

- How do you respond to worry? With faith or fear? What does it look like to respond in fear? What does it look like to respond in faith? Why does knowing the end matter? How would that change your perspective? What does Jesus mean when he says “not to worry?” How does this passage help you with the things you are worried about?

Read [Proverbs 22:3](#)

- How do we biblically respond to things that cause worry? What does this passage say we ought to do? How do we avoid letting things bring fear?

Read [1 John 4:16-19](#) – “God’s Love and Ours”

- Why is this passage so significant? What stands out to you? How are love and fear related? What should we do when bad things happen? What does prayer do? How does it impact our outlook? How does it change things? Do you believe it helps?

APPLY

Talk with your Life Group about the things that bring fear and worry in your life. Spend time in prayer and give these group fears and worries over to God. Ask him to take away your fears and instead respond in faith to those situations. Continue to pray for each other throughout the weeks and days to come.